



# WELCOME TO THE 3RD ANNUAL NUTMEG STATE NATIONALS



**DATE:**

SUNDAY, OCTOBER 17TH, 2010  
 REGISTRATION BEGINS AT 7:00 A.M.  
 SELF DEFENSE BEGINS AT 8:30 A.M. SHARP  
 KRANE RATED DIVISIONS START AT 9:00AM SHARP  
 USBA RATED DIVISIONS START AT 10:00AM SHARP

**PROMOTERS:**

JOHN BASHTA SR.  
 JOHN BASHTA JR.

**ENTRY FEES:**

**CLASS A: ALL KRANE EVENTS/ SELF DEFENSE**

**CLASS B: BRAHMA CUP/TEAM SPARRING**

**CLASS C: CONNECTICUT COLLISION**

**CLASS D: USBA EVENTS**

**EARLY BIRD: BEFORE SEPTEMBER 10, 2010**

\$40.00 ALL CLASS A EVENTS  
 \$60.00 CLASS B EVENT AS ADD ON OR SINGLE EVENT  
 \$40.00 CLASS C EVENT AS ADD ON OR SINGLE EVENT  
 \$40.00 ALL CLASS D EVENTS  
 \$20.00 TO ADD ALL CLASS D TO CLASS A OR VICE VERSA

**PRE-REGISTRATION: BEFORE OCTOBER 8, 2010**

\$45.00 1ST CLASS A EVENT, \$10.00 FOR ALL ADDITIONAL  
 \$75.00 CLASS B EVENT AS ADD ON OR SINGLE EVENT  
 \$45.00 CLASS C EVENT AS ADD ON OR SINGLE EVENT  
 \$45.00 1ST CLASS D EVENT, \$10.00 FOR ALL ADDITIONAL  
 \$25.00 TO ADD ALL CLASS D TO CLASS A OR VICE VERSA

**REGISTRATION: AFTER OCTOBER 8, 2010  
 AND DAY OF EVENT**

\$50.00 1ST CLASS A EVENT, \$10.00 EACH ADDITIONAL  
 \$90.00 CLASS B EVENT AS ADD ON OR SINGLE EVENT  
 \$50.00 CLASS C EVENT AS ADD ON OR SINGLE EVENT  
 \$50.00 1ST CLASS D EVENT, \$10.00 EACH ADDITIONAL  
 \$30.00 TO ADD ALL CLASS D TO CLASS A OR VICE VERSA

**MONEY ORDERS/CERTIFIED CHECKS ONLY**

**NO PERSONAL CHECKS ACCEPTED**

VISA, MASTERCARD, DISCOVER AND AMERICAN EXPRESS IN ADVANCE ONLY.

**ONLY CASH WILL BE ACCEPTED AT DOOR.**

**MONEY ORDERS/CERTIFIED CHECKS PAYABLE TO:**

BASHTA'S MARTIAL ARTS  
 1349 DIXWELL AVENUE  
 HAMDEN, CT. 06514  
 PHONE: (203) 248-2274  
 FAX: (203) 248-5937

U.S. CURRENCY ONLY. NO REFUNDS.

**SPECTATOR FEE:**

\$10.00  
 5 YEARS AND UNDER FREE

**LOCATION:**

HAMDEN HIGH SCHOOL  
 2040 DIXWELL AVENUE  
 HAMDEN, CT 06514

**COORDINATORS:**

DON RODRIGUES  
 TONY COGLIANDRO  
 MEDIC: TED PLAMONDON

**RATING:**

KRANE - "AAAA"  
 PSKL - "★★"  
 USBA - STATE BREAKING CHAMPIONSHIP

**AWARDS:**

TROPHIES: 1ST-4TH PLACE IN ALL DIVISIONS  
 MEDALS: 5TH-8TH PLACE DIVISIONS  
 NSN BELTS: MEN'S POINT GRANDS, WOMEN'S POINT GRANDS,  
 CONNECTICUT COLLISION, USBA TOTAL POINTS CHAMPION.  
 OVER \$8,000 IN CASH PRIZES  
 -\$500 CASH CT COLLISION GRAND CHAMPION  
 -\$600 CASH GRAND CHAMPIONSHIP BRAHMA CUP TEAM FIGHTING  
 -\$200 CASH GRAND CHAMPIONSHIP WOMEN'S TEAM FIGHTING  
 -\$200 BLACK BELT GRAND CHAMPION IN FORMS, FIGHTING &  
 WEAPONS  
 -\$50 JUNIOR BLACK BELT GRAND CHAMPION IN FORMS & WEAPONS  
 -\$150 USBA MOST TOTAL BOARDS MEN'S HEAVYWEIGHT  
 -\$150 USBA MOST TOTAL BOARDS MEN'S LIGHTWEIGHT  
 -\$150 USBA MOST TOTAL BOARDS WOMEN'S  
 -\$150 USBA MOST TOTAL BOARDS OVERALL GRAND CHAMPION

**RULES:**

KRANE - FACE SHIELD AND CHEST PROTECTOR ARE MANDATORY FOR 17 &  
 UNDER SPARRING DIVISIONS  
 CONTINUOUS FIGHTING - MINIMUM 8 OZ. CLOSED FINGER GLOVES ARE  
 MANDATORY. NO FOAM DIPPED GLOVES WILL BE ALLOWED.  
 A LIMITED AMOUNT OF GLOVES WILL BE AVAILABLE AT THE EVENT, THOUGH  
 ALL COMPETITORS ARE STRONGLY ENCOURAGED TO BRING THEIR OWN  
 APPROVED GLOVES.  
 ALL BOARD BREAKING DIVISIONS WILL FOLLOW USBA RULES  
 COMPETITORS ARE ENCOURAGED TO ORDER ALL BREAKING MATERIALS IN  
 ADVANCE (NO LESS THAN 10 DAYS PRIOR TO EVENT)  
 BOARDS COST \$2.50 EACH/ALL STANDS FOR \$8.00  
 A VERY LIMITED AMOUNT OF BOARDS WILL BE ON HAND FOR LAST MINUTE  
 PURCHASE ON THE DAY OF THE EVENT

**DIRECTIONS:**

**FROM THE NORTH: (MA/NH/VT)**  
 INTERSTATE 91 SOUTH TO EXIT 17. MERGE ONTO CT RT 15 (MERRITT PARK-  
 WAY) SOUTH TO EXIT 60. TURN LEFT ONTO DIXWELL AVENUE (RT.10). SCHOOL  
 IS ON IMMEDIATE LEFT.

**FROM THE EAST: (BOS/RI)**  
 INTERSTATE 95 SOUTH TO EXIT 48 (INTERSTATE 91 NORTH).  
 INTERSTATE 91 NORTH TO EXIT 10. TAKE FIRST EXIT. TAKE A LEFT AT THE  
 LIGHT, TAKE ANOTHER LEFT AT THE NEXT LIGHT FOLLOWED BY A RIGHT  
 AT THE NEXT LIGHT ONTO DIXWELL AVE. FOLLOW TO THE HIGH SCHOOL (3  
 MILES)

**FROM THE SOUTH: (NY/NJ)**  
 CT RT 15 (MERRITT PARKWAY) NORTH TO EXIT 60. TURN LEFT ONTO DIXWELL  
 AVENUE (RT.10). SCHOOL IS ON IMMEDIATE LEFT.

OVERFLOW PARKING AVAILABLE IN THE HAMDEN PLAZA DIRECTLY NEXT TO  
 HAMDEN HIGH SCHOOL

**TOURNAMENT HOTEL:**

CLARION HOTEL & SUITES  
 2260 WHITNEY AVE, HAMDEN, CT, US, 06518  
 PHONE: (203) 288-3831 / FAX: (203) 281-6032  
 MENTION NUTMEG STATE NATIONALS TOURNAMENT FOR THE REDUCED RATE

**FROM ROUTE 15 NORTH:**  
 TAKE EXIT 61, TURN RIGHT AND HOTEL DIRECTLY ON LEFT

**FROM ROUTE 15 SOUTH:**  
 TAKE EXIT 62, TURN RIGHT, LEFT ONTO WHITNEY AVE, HOTEL LOCATED ON  
 RIGHT HAND SIDE JUST PAST AAA.

**FROM I-95 SOUTH:**  
 TAKE I-91 NORTH, TAKE EXIT 10 (ROUTE 40/MOUNT CARMEL), LEFT ONTO  
 WHITNEY AVENUE. GO THROUGH SIX TRAFFIC LIGHTS. HOTEL ON THE RIGHT.

**FROM I-91 SOUTH:**  
 TAKE EXIT 17 (ROUTE 15 SOUTH), TAKE EXIT 62, RIGHT ON WHITNEY AVENUE.  
 HOTEL ON THE LEFT.

**FROM I-95 NORTH:**  
 TAKE EXIT 38 (ROUTE 15 NORTH) TO EXIT 61, RIGHT ONTO WHITNEY AVENUE.  
 HOTEL DIRECTLY AHEAD ON THE LEFT.

**REGISTER ONLINE @  
 WWW.BASHTASMARTIALARTS.COM**